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Mental Health and Wellbeing Profile of Adults South Australia

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**TABLE 1. PERSONS: PREVALENCE OF DISORDERS(a)
SOUTH AUSTRALIA**

	<i>Males</i>		<i>Females</i>		<i>Persons</i>	
	<i>'000</i>	<i>%</i>	<i>'000</i>	<i>%</i>	<i>'000</i>	<i>%</i>
Physical conditions	193.8	36.1	228.5	41.0	422.3	38.6
Mental disorders						
Anxiety disorders —						
Panic disorder	* 4.8	* 0.9	* 8.3	* 1.5	13.1	1.2
Agoraphobia	* 3.7	* 0.7	* 9.1	* 1.6	12.8	1.2
Social phobia	* 12.4	* 2.3	15.1	2.7	27.5	2.5
Generalised anxiety disorder	20.7	3.9	18.7	3.4	39.4	3.6
Obsessive-compulsive disorder	* 3.6	* 0.7	—	—	* 4.3	* 0.4
Post-traumatic stress disorder	* 9.9	* 1.8	26.2	4.7	36.1	3.3
<i>Total anxiety disorders</i>	<i>45.3</i>	<i>8.4</i>	<i>62.7</i>	<i>11.3</i>	<i>108.0</i>	<i>9.9</i>
Affective disorders —						
Depression	18.9	3.5	30.6	5.5	49.6	4.5
Dysthymia	* 10.1	* 1.9	* 7.3	* 1.3	17.5	1.6
<i>Total affective disorders(b)</i>	<i>27.6</i>	<i>5.1</i>	<i>38.9</i>	<i>7.0</i>	<i>66.4</i>	<i>6.1</i>
Substance use disorders —						
Alcohol harmful use	19.2	3.6	* 6.9	* 1.2	26.1	2.4
Alcohol dependence	21.1	3.9	* 9.5	* 1.7	30.6	2.8
Drug use disorders(c)	19.5	3.6	* 9.8	* 1.8	29.4	2.7
<i>Total substance use disorders</i>	<i>50.4</i>	<i>9.4</i>	<i>25.8</i>	<i>4.6</i>	<i>76.2</i>	<i>7.0</i>
<i>Total mental disorders</i>	<i>89.7</i>	<i>16.7</i>	<i>99.5</i>	<i>17.9</i>	<i>189.2</i>	<i>17.3</i>
No mental disorder or physical condition	287.0	53.5	268.7	48.2	555.7	50.8
Total(d)	536.6	100.0	557.3	100.0	1,093.9	100.0

(a) During the twelve months prior to interview. (b) Includes other affective disorders such as mania, hypomania and bipolar affective disorder. (c) Includes harmful use and dependence. (d) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

**TABLE 2. PERSONS: PREVALENCE OF DISORDERS BY AGE(a)
SOUTH AUSTRALIA**

	Per cent						<i>Total</i>
	<i>Age group (years)</i>						
	<i>18-24</i>	<i>25-34</i>	<i>35-44</i>	<i>45-54</i>	<i>55-64</i>	<i>65 and over</i>	
Males							
Physical conditions	* 11.6	17.5	22.8	37.4	59.8	78.2	36.1
Mental disorders							
Anxiety disorders	* 11.8	* 6.3	* 9.0	13.8	**5.0	* 4.3	8.4
Affective disorders	—	* 3.3	* 9.3	* 13.1	—	—	5.1
Substance use disorders	* 15.4	14.0	* 10.4	* 8.2	* 6.2	—	9.4
<i>Total mental disorders</i>	23.9	17.8	19.7	21.9	* 9.2	* 5.4	16.7
No mental disorder or physical condition	66.4	72.5	60.1	53.2	38.3	21.8	53.5
Total(b)	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	70.8	108.9	111.2	95.7	64.5	85.6	536.6
Females							
Physical conditions	30.1	22.3	23.6	37.5	55.1	79.7	41.0
Mental disorders							
Anxiety disorders	19.0	* 11.8	14.4	14.8	—	* 5.2	11.3
Affective disorders	* 14.1	* 7.3	* 8.3	* 5.6	* 5.9	—	7.0
Substance use disorders	* 13.1	* 8.5	* 3.9	**3.5	—	—	4.6
<i>Total mental disorders</i>	39.4	23.8	16.4	17.7	* 7.5	* 6.3	17.9
No mental disorder or physical condition	51.4	61.3	64.9	49.9	40.5	18.6	48.2
Total(b)	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	67.9	107.1	112.8	97.2	65.9	106.4	557.3
Persons							
Physical conditions	20.7	19.9	23.2	37.4	57.4	79.0	38.6
Mental disorders							
Anxiety disorders	15.3	9.0	11.7	14.3	* 3.2	* 4.8	9.9
Affective disorders	* 6.9	* 5.3	8.8	9.3	* 3.5	**1.7	6.1
Substance use disorders	14.3	11.3	7.1	* 5.8	* 3.1	—	7.0
<i>Total mental disorders</i>	31.5	20.8	18.0	19.8	* 8.3	* 5.9	17.3
No mental disorder or physical condition	59.0	66.9	62.5	51.5	39.4	20.0	50.8
Total(b)	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	138.7	216.0	224.0	192.9	130.4	192.0	1,093.9

(a) During the twelve months prior to interview. (b) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

TABLE 3. PERSONS: PREVALENCE OF DISORDERS(a) BY NUMBER OF PERSONS IN HOUSEHOLD SOUTH AUSTRALIA

Per cent						
	<i>Number of persons in household</i>					<i>Total</i>
	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5 or more</i>	
Males						
Physical conditions	46.6	46.1	27.8	19.7	40.6	36.1
Mental disorders						
Anxiety disorders	* 11.8	7.2	—	12.9	* 7.6	8.4
Affective disorders	**5.0	* 2.4	—	12.8	—	5.1
Substance use disorders	* 7.5	11.8	* 10.5	* 8.3	**4.9	9.4
<i>Total mental disorders</i>	* 17.0	15.3	16.1	23.4	* 9.4	16.7
No mental disorder or physical condition	46.8	45.1	59.6	62.9	57.0	53.5
Total(b)	100.0	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	57.8	190.8	93.2	124.3	70.5	536.6
Females						
Physical conditions	57.7	46.8	28.8	30.2	33.3	41.0
Mental disorders						
Anxiety disorders	* 7.6	11.6	* 10.9	12.6	* 13.3	11.3
Affective disorders	**3.5	7.1	* 12.3	* 6.3	—	7.0
Substance use disorders	* 5.9	* 5.5	* 5.0	* 4.3	—	4.6
<i>Total mental disorders</i>	* 10.8	19.4	22.4	19.6	* 13.3	17.9
No mental disorder or physical condition	34.0	41.1	58.2	58.1	61.6	48.2
Total(b)	100.0	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	88.0	212.0	89.4	103.7	64.2	557.3
Persons						
Physical conditions	53.3	46.5	28.3	24.4	37.1	38.6
Mental disorders						
Anxiety disorders	9.3	9.6	7.1	12.8	10.3	9.9
Affective disorders	* 4.1	4.9	7.1	9.9	* 4.1	6.1
Substance use disorders	* 6.6	8.5	7.8	6.5	**2.6	7.0
<i>Total mental disorders</i>	13.3	17.4	19.2	21.6	11.3	17.3
No mental disorder or physical condition	39.1	43.0	58.9	60.7	59.2	50.8
Total(b)	100.0	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	145.8	402.7	182.6	228.0	134.7	1,093.9

(a) During the twelve months prior to interview. (b) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

**TABLE 4. PERSONS: PREVALENCE OF DISORDERS(a) BY MARITAL STATUS
SOUTH AUSTRALIA**

Per cent					
	<i>Married(b)</i>	<i>Separated/divorced</i>	<i>Widowed</i>	<i>Never married</i>	<i>Total</i>
Males					
Physical conditions	38.1	64.0	* 66.1	20.1	36.1
Mental disorders					
Anxiety disorders	6.5	* 22.4	—	11.4	8.4
Affective disorders	5.3	**6.8	—	* 4.8	5.1
Substance use disorders	7.1	* 14.6	—	15.6	9.4
<i>Total mental disorders</i>	<i>13.3</i>	<i>* 26.0</i>	<i>—</i>	<i>26.0</i>	<i>16.7</i>
No mental disorder or physical condition	54.1	* 31.0	* 33.9	59.3	53.5
Total(c)	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	364.8	31.8	13.2	126.9	536.6
Females					
Physical conditions	36.0	45.2	74.8	35.1	41.0
Mental disorders					
Anxiety disorders	10.1	* 14.8	**4.1	18.4	11.3
Affective disorders	6.1	* 10.1	—	* 11.8	7.0
Substance use disorders	* 2.5	* 8.4	—	* 13.8	4.6
<i>Total mental disorders</i>	<i>15.1</i>	<i>* 17.7</i>	<i>* 5.9</i>	<i>37.2</i>	<i>17.9</i>
No mental disorder or physical condition	53.2	45.8	22.1	47.9	48.2
Total(c)	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	351.0	58.5	60.3	87.5	557.3
Persons					
Physical conditions	37.1	51.9	73.2	26.2	38.6
Mental disorders					
Anxiety disorders	8.3	17.5	**3.3	14.3	9.9
Affective disorders	5.7	* 8.9	—	7.6	6.1
Substance use disorders	4.9	* 10.6	—	14.8	7.0
<i>Total mental disorders</i>	<i>14.2</i>	<i>20.6</i>	<i>* 4.9</i>	<i>30.6</i>	<i>17.3</i>
No mental disorder or physical condition	53.7	40.6	24.2	54.7	50.8
Total(c)	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	715.7	90.4	73.5	214.3	1,093.9

(a) During the twelve months prior to interview. (b) Includes de facto. (c) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

**TABLE 5. PERSONS: PREVALENCE OF DISORDERS(a) BY LABOUR FORCE STATUS
SOUTH AUSTRALIA**

Per cent					
	<i>Employed</i>		<i>Unemployed</i>	<i>Not in the labour force</i>	<i>Total</i>
	<i>Full-time</i>	<i>Part-time</i>			
Males					
Physical conditions	24.3	31.7	* 29.3	68.7	36.1
Mental disorders					
Anxiety disorders	7.8	* 9.0	—	11.0	8.4
Affective disorders	4.2	* 7.6	—	* 7.5	5.1
Substance use disorders	8.6	* 12.9	* 12.9	* 9.1	9.4
<i>Total mental disorders</i>	<i>16.0</i>	<i>* 21.3</i>	<i>* 12.9</i>	<i>17.3</i>	<i>16.7</i>
No mental disorder or physical condition	63.8	55.8	62.6	24.9	53.5
Total(b)	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	320.7	56.3	29.5	130.1	536.6
Females					
Physical conditions	27.7	25.7	* 37.6	57.9	41.0
Mental disorders					
Anxiety disorders	* 8.7	10.6	**11.8	13.0	11.3
Affective disorders	* 6.2	8.7	—	6.3	7.0
Substance use disorders	* 7.5	* 4.4	**18.0	* 2.5	4.6
<i>Total mental disorders</i>	<i>18.2</i>	<i>18.2</i>	<i>**21.3</i>	<i>17.3</i>	<i>17.9</i>
No mental disorder or physical condition	60.9	59.4	* 55.2	34.1	48.2
Total(b)	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	132.4	159.3	14.2	251.4	557.3
Persons					
Physical conditions	25.3	27.2	32.0	61.6	38.6
Mental disorders					
Anxiety disorders	8.1	10.2	**6.0	12.3	9.9
Affective disorders	4.8	8.4	—	6.7	6.1
Substance use disorders	8.3	6.6	* 14.6	4.7	7.0
<i>Total mental disorders</i>	<i>16.6</i>	<i>19.0</i>	<i>* 15.6</i>	<i>17.3</i>	<i>17.3</i>
No mental disorder or physical condition	63.0	58.4	60.2	31.0	50.8
Total(b)	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	453.0	215.6	43.7	381.6	1,093.9

(a) During the twelve months prior to interview. (b) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

**TABLE 6. PERSONS: PREVALENCE OF DISORDERS^(a) BY HIGHEST EDUCATIONAL QUALIFICATION
SOUTH AUSTRALIA**

Per cent				
	<i>Post-school qualification</i>	<i>Completed secondary school only</i>	<i>Did not complete secondary school</i>	<i>Total^(b)</i>
Males				
Physical conditions	30.7	29.7	48.1	36.1
Mental disorders				
Anxiety disorders	7.5	* 6.7	10.8	8.4
Affective disorders	4.8	—	* 7.0	5.1
Substance use disorders	9.4	* 6.8	10.7	9.4
<i>Total mental disorders</i>	<i>16.4</i>	<i>* 13.4</i>	<i>18.8</i>	<i>16.7</i>
No mental disorder or physical condition	56.6	61.6	44.4	53.5
Total^(c)	100.0	100.0	100.0	100.0
Total persons ('000)	276.6	87.8	172.2	536.6
Females				
Physical conditions	35.1	31.9	49.7	41.0
Mental disorders				
Anxiety disorders	10.0	* 12.4	12.0	11.3
Affective disorders	* 5.8	* 6.2	8.3	7.0
Substance use disorders	* 4.0	* 8.3	* 3.7	4.6
<i>Total mental disorders</i>	<i>16.5</i>	<i>23.3</i>	<i>17.0</i>	<i>17.9</i>
No mental disorder or physical condition	53.3	53.0	41.7	48.2
Total^(c)	100.0	100.0	100.0	100.0
Total persons ('000)	196.1	101.2	256.2	557.3
Persons				
Physical conditions	32.5	30.9	49.0	38.6
Mental disorders				
Anxiety disorders	8.5	9.8	11.5	9.9
Affective disorders	5.2	* 4.5	7.8	6.1
Substance use disorders	7.2	7.6	6.5	7.0
<i>Total mental disorders</i>	<i>16.5</i>	<i>18.7</i>	<i>17.8</i>	<i>17.3</i>
No mental disorder or physical condition	55.2	57.0	42.8	50.8
Total^(c)	100.0	100.0	100.0	100.0
Total persons ('000)	472.7	189.1	428.4	1,093.9

(a) During the twelve months prior to interview. (b) Includes persons aged 18 to 20 years who are still at school and persons whose qualifications were inadequately described. (c) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

**TABLE 7. PERSONS: PREVALENCE OF DISORDERS(a) BY COUNTRY OF BIRTH(b)
SOUTH AUSTRALIA**

Per cent				
	<i>Born outside Australia</i>			<i>Total</i>
	<i>Born in Australia</i>	<i>Main English-speaking country</i>	<i>Other country</i>	
Males				
Physical conditions	36.8	43.9	* 16.7	36.1
Mental disorders				
Anxiety disorders	9.1	* 6.7	—	8.4
Affective disorders	5.3	—	—	5.1
Substance use disorders	10.7	* 7.0	—	9.4
<i>Total mental disorders</i>	<i>18.1</i>	<i>* 10.8</i>	<i>* 12.0</i>	<i>16.7</i>
No mental disorder or physical condition	52.0	51.9	71.3	53.5
Total(c)	100.0	100.0	100.0	100.0
Total persons ('000)	429.5	64.9	42.2	536.6
Females				
Physical conditions	43.2	31.6	34.0	41.0
Mental disorders				
Anxiety disorders	11.9	* 9.9	**6.4	11.3
Affective disorders	7.9	**3.6	—	7.0
Substance use disorders	5.6	—	—	4.6
<i>Total mental disorders</i>	<i>20.0</i>	<i>* 9.9</i>	<i>* 9.0</i>	<i>17.9</i>
No mental disorder or physical condition	44.9	61.6	59.6	48.2
Total(c)	100.0	100.0	100.0	100.0
Total persons ('000)	441.7	75.8	39.8	557.3
Persons				
Physical conditions	40.1	37.3	25.1	38.6
Mental disorders				
Anxiety disorders	10.5	* 8.4	* 5.3	9.9
Affective disorders	6.6	* 3.0	* 5.3	6.1
Substance use disorders	8.1	* 3.6	—	7.0
<i>Total mental disorders</i>	<i>19.1</i>	<i>10.3</i>	<i>* 10.6</i>	<i>17.3</i>
No mental disorder or physical condition	48.4	57.1	65.6	50.8
Total(c)	100.0	100.0	100.0	100.0
Total persons ('000)	871.2	140.7	82.0	1,093.9

(a) During the twelve months prior to interview. (b) See glossary. (c) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

**TABLE 8. PERSONS: PREVALENCE OF DISORDERS(a) BY GEOGRAPHIC AREA
SOUTH AUSTRALIA**

Per cent			
	<i>Capital city</i>	<i>Rest of state</i>	<i>Total</i>
Males			
Physical conditions	33.8	42.7	36.1
Mental disorders			
Anxiety disorders	8.6	* 8.1	8.4
Affective disorders	4.8	* 6.0	5.1
Substance use disorders	8.6	11.7	9.4
<i>Total mental disorders</i>	<i>15.6</i>	<i>19.8</i>	<i>16.7</i>
No mental disorder or physical condition	55.7	47.4	53.5
Total(b)	100.0	100.0	100.0
Total persons ('000)	395.1	141.6	536.6
Females			
Physical conditions	40.0	44.0	41.0
Mental disorders			
Anxiety disorders	11.2	11.5	11.3
Affective disorders	7.2	* 6.2	7.0
Substance use disorders	5.0	* 3.6	4.6
<i>Total mental disorders</i>	<i>18.9</i>	<i>14.8</i>	<i>17.9</i>
No mental disorder or physical condition	48.0	49.0	48.2
Total(b)	100.0	100.0	100.0
Total persons ('000)	419.2	138.1	557.3
Persons			
Physical conditions	37.0	43.3	38.6
Mental disorders			
Anxiety disorders	9.9	9.8	9.9
Affective disorders	6.1	6.1	6.1
Substance use disorders	6.7	7.7	7.0
<i>Total mental disorders</i>	<i>17.3</i>	<i>17.3</i>	<i>17.3</i>
No mental disorder or physical condition	51.7	48.2	50.8
Total(b)	100.0	100.0	100.0
Total persons ('000)	814.3	279.6	1,093.9

(a) During the twelve months prior to interview. (b) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

TABLE 9. PERSONS: COMORBIDITY OF DISORDERS(a)
SOUTH AUSTRALIA

	<i>Males</i>		<i>Females</i>		<i>Persons</i>	
	<i>'000</i>	<i>%</i>	<i>'000</i>	<i>%</i>	<i>'000</i>	<i>%</i>
Physical conditions only	160.0	29.8	189.0	33.9	349.0	31.9
Mental disorders only—						
Anxiety and/or affective only	24.5	4.6	44.0	7.9	68.6	6.3
Substance use only	24.4	4.5	* 10.9	* 2.0	35.3	3.2
Substance use with anxiety and/or affective	* 6.9	* 1.3	* 5.1	* 0.9	* 12.1	* 1.1
<i>Total mental disorders only</i>	<i>55.9</i>	<i>10.4</i>	<i>60.1</i>	<i>10.8</i>	<i>115.9</i>	<i>10.6</i>
Mental disorders and physical conditions—						
Anxiety and/or affective only with physical	14.7	2.7	29.7	5.3	44.4	4.1
Substance use only with physical	* 10.0	* 1.9	* 6.4	* 1.2	16.5	1.5
Substance use with anxiety and/or affective and physical	* 9.1	* 1.7	**3.3	**0.6	* 12.4	* 1.1
<i>Total mental disorders and physical conditions</i>	<i>33.8</i>	<i>6.3</i>	<i>39.4</i>	<i>7.1</i>	<i>73.3</i>	<i>6.7</i>
<i>Total mental disorders</i>	<i>89.7</i>	<i>16.7</i>	<i>99.5</i>	<i>17.9</i>	<i>189.2</i>	<i>17.3</i>
<i>Total mental disorders or physical conditions</i>	<i>249.7</i>	<i>46.5</i>	<i>288.5</i>	<i>51.8</i>	<i>538.2</i>	<i>49.2</i>
No mental disorder or physical condition	287.0	53.5	268.7	48.2	555.7	50.8
Total	536.6	100.0	557.3	100.0	1,093.9	100.0

(a) During the twelve months prior to interview.

**TABLE 10. PERSONS: COMORBIDITY OF DISORDERS(a) BY AGE
SOUTH AUSTRALIA**

	Per cent				
	<i>Age group (years)</i>				
	<i>18-24</i>	<i>18-34</i>	<i>35-54</i>	<i>55 and over</i>	<i>Total</i>
Males					
Physical conditions only	* 9.7	9.7	22.4	64.1	29.8
Mental disorders only—					
Anxiety and/or affective only	* 8.5	* 4.9	7.0	—	4.6
Substance use only	* 10.2	8.5	* 4.4	—	4.5
Substance use with anxiety and/or affective	—	—	* 2.2	—	* 1.3
<i>Total mental disorders only</i>	22.0	14.7	13.6	—	10.4
Mental disorders and physical conditions—					
Anxiety and/or affective only with physical	—	—	* 4.3	* 2.9	2.7
Substance use only with physical	—	* 3.2	—	* 2.4	* 1.9
Substance use with anxiety and/or affective and physical	—	—	* 2.5	—	* 1.7
<i>Total mental disorders and physical conditions</i>	—	* 5.5	7.1	* 6.2	6.3
<i>Total mental disorders</i>	23.9	20.2	20.7	* 7.0	16.7
<i>Total mental disorders or physical conditions</i>	33.6	29.9	43.1	71.1	46.5
No mental disorder or physical condition	66.4	70.1	56.9	28.9	53.5
Total	100.0	100.0	100.0	100.0	100.0
Total persons (*000)	70.8	179.7	206.9	150.1	536.6
Females					
Physical conditions only	* 9.3	12.7	25.1	66.3	33.9
Mental disorders only—					
Anxiety and/or affective only	* 11.4	11.4	9.2	* 2.7	7.9
Substance use only	* 7.2	* 5.5	—	—	* 2.0
Substance use with anxiety and/or affective	—	—	* 2.2	—	* 0.9
<i>Total mental disorders only</i>	* 18.5	17.2	12.0	* 2.7	10.8
Mental disorders and physical conditions—					
Anxiety and/or affective only with physical	* 15.0	8.2	* 4.0	* 4.0	5.3
Substance use only with physical	—	* 3.7	—	—	* 1.2
Substance use with anxiety and/or affective and physical	—	—	**0.9	—	**0.6
<i>Total mental disorders and physical conditions</i>	20.9	12.6	* 5.0	* 4.0	7.1
<i>Total mental disorders</i>	39.4	29.9	17.0	* 6.7	17.9
<i>Total mental disorders or physical conditions</i>	48.6	42.5	42.0	73.0	51.8
No mental disorder or physical condition	51.4	57.5	58.0	27.0	48.2
Total	100.0	100.0	100.0	100.0	100.0
Total persons (*000)	67.9	175.0	210.0	172.3	557.3

TABLE 10. PERSONS: COMORBIDITY OF DISORDERS(a) BY AGE
SOUTH AUSTRALIA—continued

	Per cent				
	<i>Age group (years)</i>				
	<i>18-24</i>	<i>18-34</i>	<i>35-54</i>	<i>55 and over</i>	<i>Total</i>
	Persons				
Physical conditions only	9.5	11.2	23.7	65.3	31.9
Mental disorders only—					
Anxiety and/or affective only		8.1	8.1	* 1.9	6.3
Substance use only	* 8.7	7.1	* 2.5	—	3.2
Substance use with anxiety and/or affective	—	**0.8	* 2.2	—	* 1.1
<i>Total mental disorders only</i>	<i>20.3</i>	<i>16.0</i>	<i>12.8</i>	<i>* 1.9</i>	<i>10.6</i>
Mental disorders and physical conditions—					
Anxiety and/or affective only with physical	* 7.3	4.4	4.2	* 3.5	4.1
Substance use only with physical	* 2.9	* 3.5	—	* 1.1	1.5
Substance use with anxiety and/or affective and physical	—	* 1.1	* 1.7	—	* 1.1
<i>Total mental disorders and physical conditions</i>	<i>11.2</i>	<i>9.0</i>	<i>6.0</i>	<i>5.0</i>	<i>6.7</i>
<i>Total mental disorders</i>	<i>31.5</i>	<i>25.0</i>	<i>18.8</i>	<i>6.9</i>	<i>17.3</i>
<i>Total mental disorders or physical conditions</i>	<i>41.0</i>	<i>36.1</i>	<i>42.6</i>	<i>72.1</i>	<i>49.2</i>
No mental disorder or physical condition	59.0	63.9	57.4	27.9	50.8
Total	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	138.7	354.7	416.9	322.3	1,093.9

(a) During the twelve months prior to interview.

**TABLE 11. AVERAGE DAYS OUT OF ROLE(a) BY COMORBIDITY OF DISORDERS(b)
SOUTH AUSTRALIA**

	<i>Males</i>	<i>Females</i>	<i>Persons</i>
Physical conditions only	3.4	2.3	2.8
Mental disorders only—			
Anxiety and/or affective only	5.1	3.4	4.0
Substance use only	1.9	* 2.4	2.0
Substance use with anxiety and/or affective	* 0.7	* 2.7	* 1.6
<i>Total mental disorders only</i>	<i>3.1</i>	<i>3.2</i>	<i>3.2</i>
Mental disorders and physical conditions—			
Anxiety and/or affective only with physical	6.5	7.0	6.8
Substance use only with physical	* 1.7	* 1.2	1.5
Substance use with anxiety and/or affective and physical	* 6.7	**11.4	* 7.9
<i>Total mental disorders and physical conditions</i>	<i>5.1</i>	<i>6.4</i>	<i>5.8</i>
<i>Total mental disorders</i>	<i>3.9</i>	<i>4.5</i>	<i>4.2</i>
<i>Total mental disorders or physical conditions</i>	<i>3.6</i>	<i>3.1</i>	<i>3.3</i>
No mental disorder or physical condition	0.9	1.3	1.1
Total	2.2	2.2	2.2

(a) During the four weeks prior to interview. See glossary. (b) During the twelve months prior to interview.

**TABLE 12. PERSONS: COMORBIDITY OF DISORDERS(a) BY DISABILITY STATUS(b)
SOUTH AUSTRALIA**

Per cent						
	<i>Disability status</i>				<i>Total</i>	<i>Total persons ('000)</i>
	<i>None</i>	<i>Mild</i>	<i>Moderate</i>	<i>Severe</i>		
Males						
Physical conditions only	38.9	13.7	31.9	15.4	100.0	160.0
Mental disorders—						
Total mental disorders only	67.4	* 12.3	* 10.8	* 9.5	100.0	55.9
Total mental disorders and physical conditions	* 30.4	* 14.0	* 30.1	* 25.5	100.0	33.8
Anxiety and/or affective disorders	46.4	* 13.9	* 17.8	* 21.9	100.0	55.3
Substance use disorders	56.8	* 16.0	* 15.5	* 11.7	100.0	50.4
Total mental disorders	53.4	* 12.9	18.1	15.5	100.0	89.7
Total mental disorders or physical conditions	44.2	13.4	27.0	15.5	100.0	249.7
No mental disorder or physical condition	82.4	7.0	8.8	* 1.8	100.0	287.0
Total	64.6	10.0	17.3	8.1	100.0	536.6
Females						
Physical conditions only	36.9	21.4	27.1	14.7	100.0	189.0
Mental disorders—						
Total mental disorders only	59.3	* 8.3	28.3	**4.1	100.0	60.1
Total mental disorders and physical conditions	* 20.8	* 21.6	* 31.4	* 26.2	100.0	39.4
Anxiety and/or affective disorders	43.3	* 13.9	29.5	* 13.3	100.0	82.1
Substance use disorders	* 47.1	**10.9	* 31.9	**10.2	100.0	25.8
Total mental disorders	44.0	13.6	29.5	* 12.9	100.0	99.5
Total mental disorders or physical conditions	39.4	18.7	27.9	14.1	100.0	288.5
No mental disorder or physical condition	78.4	11.4	7.3	* 2.9	100.0	268.7
Total	58.2	15.2	18.0	8.7	100.0	557.3
Persons						
Physical conditions only	37.8	17.8	29.3	15.0	100.0	349.0
Mental disorders—						
Total mental disorders only	63.2	* 10.2	19.9	* 6.7	100.0	115.9
Total mental disorders and physical conditions	25.2	18.1	30.8	25.9	100.0	73.3
Anxiety and/or affective disorders	44.6	13.9	24.8	16.7	100.0	137.4
Substance use disorders	53.5	* 14.2	21.1	* 11.2	100.0	76.2
Total mental disorders	48.5	13.3	24.1	14.1	100.0	189.2
Total mental disorders or physical conditions	41.6	16.2	27.5	14.7	100.0	538.2
No mental disorder or physical condition	80.4	9.1	8.1	2.3	100.0	555.7
Total	61.3	12.6	17.6	8.4	100.0	1,093.9

(a) During the twelve months prior to interview. (b) During the four weeks prior to interview, according to the Brief Disability Questionnaire(BDQ).

**TABLE 13. PERSONS: COMORBIDITY OF DISORDERS BY SERVICES USED FOR MENTAL HEALTH PROBLEMS(a)
SOUTH AUSTRALIA**

Per cent						
	<i>Health services used</i>				<i>Total</i>	<i>Total persons ('000)</i>
	<i>Other Health</i>		<i>Total who used health services (c)</i>	<i>Total who did not use health services</i>		
	<i>GP</i>	<i>Professional(b)</i>				
Males						
Physical conditions only	* 4.5	—	* 5.6	94.4	100.0	160.0
Mental disorders—						
Total mental disorders only	* 21.0	* 16.0	28.7	71.3	100.0	55.9
Total mental disorders and physical conditions	* 36.3	* 24.5	* 37.8	62.2	100.0	33.8
Anxiety and/or affective disorders	43.5	28.7	49.7	50.3	100.0	55.3
Substance use disorders	* 13.7	* 13.7	* 17.4	82.6	100.0	50.4
Total mental disorders	26.8	19.2	32.1	67.9	100.0	89.7
Total mental disorders or physical conditions	12.5	8.0	15.2	84.8	100.0	249.7
No mental disorder or physical condition	* 4.2	* 3.6	5.5	94.5	100.0	287.0
Total	8.1	5.7	10.0	90.0	100.0	536.6
Females						
Physical conditions only	7.1	* 2.4	7.6	92.4	100.0	189.0
Mental disorders—						
Total mental disorders only	37.0	22.5	37.9	62.1	100.0	60.1
Total mental disorders and physical conditions	36.0	40.4	52.3	47.7	100.0	39.4
Anxiety and/or affective disorders	44.3	34.3	51.2	48.8	100.0	82.1
Substance use disorders	* 23.6	* 26.3	* 33.5	66.5	100.0	25.8
Total mental disorders	36.6	29.6	43.6	56.4	100.0	99.5
Total mental disorders or physical conditions	17.3	11.8	20.0	80.0	100.0	288.5
No mental disorder or physical condition	* 4.6	* 2.6	7.1	92.9	100.0	268.7
Total	11.2	7.4	13.8	86.2	100.0	557.3
Persons						
Physical conditions only	5.9	* 2.1	6.7	93.3	100.0	349.0
Mental disorders—						
Total mental disorders only	29.3	19.4	33.5	66.5	100.0	115.9
Total mental disorders and physical conditions	36.2	33.1	45.6	54.4	100.0	73.3
Anxiety and/or affective disorders	44.0	32.0	50.6	49.4	100.0	137.4
Substance use disorders	17.0	18.0	22.8	77.2	100.0	76.2
Total mental disorders	31.9	24.7	38.2	61.8	100.0	189.2
Total mental disorders or physical conditions	15.1	10.0	17.8	82.2	100.0	538.2
No mental disorder or physical condition	4.4	3.1	6.3	93.7	100.0	555.7
Total	9.7	6.5	11.9	88.1	100.0	1,093.9

(a) During the twelve months prior to interview. See glossary for service use definitions (b) Includes psychiatrist, psychologist, social worker, welfare officer, drug and alcohol counsellor, other counsellor, mental health team, medical specialist, nurse, chemist, ambulance officer, and other health professional. (c) A person may have used more than one service. The components when added may therefore not add to the total shown. Also includes hospital admissions.

TABLE 14. PERSONS: COMORBIDITY OF DISORDERS BY SERVICES USED FOR MENTAL HEALTH PROBLEMS(a) BY AGE SOUTH AUSTRALIA

Per cent						
	<i>Health services used</i>			<i>Total who did not use health services</i>	<i>Total</i>	<i>Total persons ('000)</i>
	<i>GP</i>	<i>Other Health Professional(b)</i>	<i>Total who used health services (c)</i>			
18-34						
Physical conditions only	* 13.2	* 11.2	* 13.2	86.8	100.0	39.6
Mental disorders—						
Total mental disorders only	* 18.2	* 20.3	24.1	75.9	100.0	56.6
Total mental disorders and physical conditions	* 22.1	* 34.7	* 38.0	62.0	100.0	32.0
Anxiety and/or affective disorders	33.8	38.7	45.0	55.0	100.0	51.3
Substance use disorders	—	* 13.6	* 13.6	86.4	100.0	44.1
Total mental disorders	19.6	25.5	29.1	70.9	100.0	88.6
Total mental disorders or physical conditions	17.6	21.1	24.2	75.8	100.0	128.2
No mental disorder or physical condition	* 1.8	* 2.5	* 4.2	95.8	100.0	226.5
Total	7.5	9.2	11.5	88.5	100.0	354.7
35-64						
Physical conditions only	* 7.4	**1.7	8.0	92.0	100.0	167.1
Mental disorders—						
Total mental disorders only	41.2	* 19.1	43.8	56.2	100.0	57.5
Total mental disorders and physical conditions	53.4	* 38.4	59.2	40.8	100.0	31.9
Anxiety and/or affective disorders	53.7	30.6	58.1	41.9	100.0	75.7
Substance use disorders	* 34.9	* 24.6	* 36.5	63.5	100.0	31.2
Total mental disorders	45.5	26.0	49.3	50.7	100.0	89.3
Total mental disorders or physical conditions	20.7	10.2	22.4	77.6	100.0	256.4
No mental disorder or physical condition	6.8	* 4.0	8.4	91.6	100.0	290.8
Total	13.3	6.9	15.0	85.0	100.0	547.3

(a) During the twelve months prior to interview. See glossary for service use definitions (b) Includes psychiatrist, psychologist, social worker, welfare officer, drug and alcohol counsellor, other counsellor, mental health team, medical specialist, nurse, chemist, ambulance officer, and other health professional. (c) A person may have used more than one service. The components when added may therefore not add to the total shown. Also includes hospital admissions. NOTE: For persons 65 and over estimates are too small to be reported separately.

**TABLE 15. PERSONS WITH A MENTAL DISORDER(a): SERVICES USED FOR MENTAL HEALTH PROBLEMS(b)
SOUTH AUSTRALIA**

Per cent						
<i>Health services used</i>						
	<i>GP</i>	<i>Other Health Professional(c)</i>	<i>Total who used health services (d)</i>	<i>Total who did not use health services</i>	<i>Total</i>	<i>Total persons ('000)</i>
Males						
Disability status(e)						
None	* 20.3	* 10.9	* 23.3	76.7	100.0	47.9
Mild	**	**	**	* 78.5	* 100.0	* 11.6
Moderate	**18.9	—	**18.9	81.1	100.0	16.2
Severe	* 72.3	* 66.2	* 86.7	—	100.0	13.9
Total	26.8	19.2	32.1	67.9	100.0	89.7
Females						
Disability status(e)						
None	36.3	* 24.9	37.5	62.5	100.0	43.8
Mild	—	**24.7	* 32.7	* 67.3	100.0	13.5
Moderate	* 42.1	* 25.1	44.8	55.2	100.0	29.4
Severe	* 55.1	* 61.4	* 72.9	**	* 100.0	* 12.8
Total	36.6	29.6	43.6	56.4	100.0	99.5
Persons						
Disability status(e)						
None	28.0	17.6	30.1	69.9	100.0	91.7
Mild	**8.8	* 18.8	* 27.5	72.5	100.0	25.1
Moderate	33.9	* 19.3	35.6	64.4	100.0	45.6
Severe	64.1	63.9	80.1	* 19.9	100.0	26.7
Total	31.9	24.7	38.2	61.8	100.0	189.2

(a) Persons who meet criteria for a diagnosis of a mental disorder from the CIDI. See Paragraphs 12- 16 of the Explanatory Notes. (b) During the twelve months prior to interview. See glossary for service use definitions. (c) Includes psychiatrist, psychologist, social worker, welfare officer, drug and alcohol counsellor, other counsellor, mental health team, medical specialist, nurse, chemist, ambulance officer, and other health professional. (d) A person may have used more than one service. The components when added may therefore not add to the total shown. Also includes hospital admissions. (e) During the four weeks prior to interview, according to the Brief Disability Questionnaire(BDQ).

**TABLE 16. PERSONS: SERVICES USED FOR MENTAL HEALTH PROBLEMS(a)
SOUTH AUSTRALIA**

Per cent						
<i>Health services used</i>						
	<i>GP</i>	<i>Other Health Professional(b)</i>	<i>Total who used health services (c)</i>	<i>Total who did not use health services</i>	<i>Total</i>	<i>Total persons ('000)</i>
Males						
Disability status(d)						
None	5.9	4.2	7.2	92.8	100.0	346.7
Mild	**6.4	—	* 9.9	90.1	100.0	53.5
Moderate	* 5.4	—	* 5.4	94.6	100.0	92.7
Severe	33.0	* 28.3	41.8	58.2	100.0	43.7
Total	8.1	5.7	10.0	90.0	100.0	536.6
Females						
Disability status(d)						
None	8.3	6.2	10.5	89.5	100.0	324.1
Mild	* 10.9	* 4.5	* 14.8	85.2	100.0	84.5
Moderate	16.7	* 9.3	18.4	81.6	100.0	100.3
Severe	* 19.4	* 16.2	* 24.1	75.9	100.0	48.4
Total	11.2	7.4	13.8	86.2	100.0	557.3
Persons						
Disability status(d)						
None	7.1	5.2	8.8	91.2	100.0	670.8
Mild	* 9.2	* 4.1	12.9	87.1	100.0	138.0
Moderate	11.3	* 5.6	12.2	87.8	100.0	193.0
Severe	25.8	22.0	32.5	67.5	100.0	92.0
Total	9.7	6.5	11.9	88.1	100.0	1,093.9

(a) During the twelve months prior to interview. See glossary for service use definitions. (b) Includes psychiatrist, psychologist, social worker, welfare officer, drug and alcohol counsellor, other counsellor, mental health team, medical specialist, nurse, chemist, ambulance officer, and other health professional. (c) A person may have used more than one service. The components when added may therefore not add to the total shown. Also includes hospital admissions. (d) During the four weeks prior to interview, according to the Brief Disability Questionnaire(BDQ).

**TABLE 17. PERSONS: SERVICES USED FOR MENTAL HEALTH PROBLEMS(a)
SOUTH AUSTRALIA**

Per cent						
<i>Health services used</i>						
	<i>GP</i>	<i>Other Health Professional(b)</i>	<i>Total who used health services (c)</i>	<i>Total who did not use health services</i>	<i>Total</i>	<i>Total persons ('000)</i>
18-34						
Disability status(d)						
None	* 3.9	5.6	6.7	93.3	100.0	270.6
Mild	* 13.0	**10.2	* 23.3	76.7	100.0	33.0
Moderate	* 17.1	* 17.5	* 19.2	80.8	100.0	36.7
Severe	* 37.5	* 53.4	* 53.4	* 46.6	100.0	14.3
Total	7.5	9.2	11.5	88.5	100.0	354.7
35-64						
Disability status(d)						
None	11.2	6.0	12.4	87.6	100.0	329.2
Mild	* 10.0	**3.0	* 12.5	87.5	100.0	75.7
Moderate	* 13.5	* 4.6	14.5	85.5	100.0	93.1
Severe	32.5	* 23.6	36.6	63.4	100.0	49.3
Total	13.3	6.9	15.0	85.0	100.0	547.3

(a) During the twelve months prior to interview. See glossary for service use definitions. (b) Includes psychiatrist, psychologist, social worker, welfare officer, drug and alcohol counsellor, other counsellor, mental health team, medical specialist, nurse, chemist, ambulance officer, and other health professional. (c) A person may have used more than one service. The components when added may therefore not add to the total shown. Also includes hospital admissions. (d) During the four weeks prior to interview, according to the Brief Disability Questionnaire(BDQ). NOTE: For persons 65 and over estimates are too small to be reported separately.

NOTES

INTRODUCTION

1 This report contains selected South Australian statistics from the 1997 National Survey of Mental Health and Wellbeing of Adults (SMHWB). The survey was an initiative of, and funded by, the Mental Health Branch of the Commonwealth Department of Health and Family Services (HFS) as part of the National Mental Health Strategy. National estimates were published in *Mental Health and Wellbeing: Profile of Adults, Australia 1997* (cat. no. 4326.0).

SURVEY CONTENT AND METHODOLOGY

2 The World Health Organisation Centre for Training and Reference for the Composite International Diagnostic Interview (CIDI), contracted by HFS, developed a computer based interview to collect survey data. Topics covered in the survey included:

- demographic and socioeconomic characteristics
- physical conditions
- selected mental disorders
- disability
- health service use
- perceived health needs.

3 The questions in the CIDI, the diagnostic component of the survey, are written to represent the criteria for a subset of mental disorders defined by the International Classification of Diseases—10th revision (ICD–10).

INTERPRETATION OF RESULTS

4 In terms of mental disorders, the CIDI is a structured interview for diagnosis of mental disorder for research purposes. Since the CIDI has no facility for subjective interpretation, it can inform a clinician's diagnosis but not replace it. Therefore estimates of mental disorder produced by the SMHWB are not equivalent to clinical diagnoses, but closely match ICD–10 criteria.

5 In terms of physical conditions, reported information was not medically verified, and was not necessarily based on diagnosis by a medical practitioner.

6 The questions used in the SMHWB to collect data on labour force status and education differ from those used in other ABS surveys. As such these data items provide an indication of an individual's status and, though not directly comparable with other ABS surveys, they are sufficient to associate with mental health status.

SYMBOLS

- * Relative standard error of between 25% and less than 50%
- ** Relative standard error of 50% or more
- Nil or rounded to zero
- .. Not applicable

FURTHER INFORMATION

7 For further information about concepts and definitions, please refer to the Explanatory Notes and Technical notes from *Mental Health and Wellbeing: Profile of Adults, Australia, 1997* (cat. no. 4326.0), or forthcoming *National Survey of Mental Health and Wellbeing of Adults: Users' Guide, 1997* (cat. no. 4327.0).

8 For further information contact Tony Cheshire on Canberra (02) 6252 6415 or Liesl Mitchell on (02) 6252 7437 or 1800 060 050.

STANDARD ERRORS

9 A table of standard errors (SEs) and relative standard errors (RSEs) is given in Table T1. These figures will not give a precise measure of the SE for a particular estimate but will provide an indication of its magnitude.

10 The smaller the estimate the higher the RSE. Very small estimates are thus subject to such high SEs (relative to the size of the estimate) as to seriously detract from their value for most reasonable uses.

T1 SE and RSE(a) of person estimates: South Australia

<i>Size of estimate</i>	<i>SE</i>	<i>RSE % (a)</i>
(b)1 000	920	91.7
(b)1 500	1 140	75.7
(b)2 000	1 320	65.9
(b)2 500	1 500	59.1
(b)3 000	1 600	53.9
(c)3 500	1 750	49.9
(c)4 000	1 850	46.6
(c)5 000	2 100	41.5
(c)7 000	2 450	34.8
(c)10 000	2 850	28.7
15 000	3 450	22.9
20 000	3 900	19.5
30 000	4 600	15.4
40 000	5 200	13.0
50 000	5 700	11.4
100 000	7 400	7.4
150 000	8 600	5.7
200 000	9 500	4.8
300 000	10 900	3.6
500 000	12 850	2.6
1 000 000	15 850	1.6
2 000 000	19 200	1.0

(a) Shows the SE for South Australia as a percentage of the estimate.

(b) Estimates with a RSE of 50% or more. These estimates are considered unreliable for most purposes.

(c) Estimates with a RSE between 25% and less than 50%. These estimates should be treated with caution.

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Melbourne	03 9615 7755	03 9615 7798
Brisbane	07 3222 6351	07 3222 6283
Perth	08 9360 5140	08 9360 5955
Adelaide	08 8237 7400	08 8237 7566
Hobart	03 6222 5800	03 6222 5995
Darwin	08 8943 2111	08 8981 1218

POST Client Services, ABS, PO Box 10, Belconnen, ACT 2616

EMAIL client.services@abs.gov.au



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