



Appendix 2

Australian Health Survey – Evaluation: Structure and Content Diagram

Australia

2011-13

4364.0.55.013

AUSTRALIAN BUREAU OF STATISTICS

EMBARGO: 11.30AM (CANBERRA TIME) 27 JULY 2017

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Structure of the Australian Health Survey

General population sample size = 26,000 households

NATIONAL HEALTH SURVEY (NHS)

16,000 Households

1 Adult + 1 child = 21,120 persons

Detailed conditions
Medications and supplements
Health related actions
Days of reduced activity
Social & emotional wellbeing (18+)
Physical activity (15+)
Private health insurance status (18+)
Breastfeeding (0-3)
Disability status
Alcohol consumption (15+)
Family stressors (15+)
Personal income (15+)
Financial stress

CORE CONTENT

Household information
Demographics
Self-assessed health status (15+)
Self-assessed body mass (15+)
Smoking (15+)
Physical measures (2+)
Fruit & veg consumption (2+)
Salt use (2+)
Blood pressure (5+)
Female life stage (10+)

NATIONAL NUTRITION AND PHYSICAL ACTIVITY SURVEY (NNPAS)

10,000 Households

1 Adult + 1 child (2+) = 12,890 persons

Food security
Food avoidance
Dietary recall
Physical activity
Selected conditions

NNPAS

Telephone follow-up
2nd dietary recall
8-day pedometer (5+)

NATIONAL HEALTH MEASURES SURVEY (NHMS)

All survey participants (aged 5 yrs +) invited to VOLUNTEER

Key blood tests (12yrs +) and urine tests (5yrs +) of nutritional status and chronic disease markers

Structure of the AATSIHS

Sample size = 7,700 households

2 Adults + 2 children (non-remote) - 6372 persons
1 Adult + 1 child (remote) - 3878 persons
NATIONAL ABORIGINAL AND TORRES STRAIT ISLANDER HEALTH SURVEY (NATSIHS)

Detailed conditions
Health related actions
Days of reduced activity
Social & emotional wellbeing (18+)
Physical activity (15+)
Private health insurance status* (15+)
Breastfeeding (0-3)
Disability, injuries & short term conditions
Alcohol & substance use (18+)
Adult immunisation (15+)
Women's health (e.g. pap smears) (18+)
Female contraception (18-49)
Male contraception (18+)
Family stressors (15+)
Personal income (15+)
Financial stress
Cultural identification & discrimination (18+)

CORE CONTENT

Household information
Demographics
Self-assessed health status (15+)
Self-assessed body mass (15+)
Fruit & veg consumption (2+)
Salt use (2+)
Food Avoidance (2+)
Food Security
Smoking (15+)
Physical Measures (2+)
Blood pressure (5+)

1 Adult + 1 child (2+)
Non-remote - 1250 persons
Remote - 1750 persons

NATIONAL ABORIGINAL AND TORRES STRAIT ISLANDER NUTRITION AND PHYSICAL ACTIVITY SURVEY (NATSINPAS)

Dietary recall
Physical activity
Selected conditions

NATSINPAS
Telephone follow-up*
(Non-Remote)
2nd dietary recall
8-day pedometer (5+)

NATIONAL ABORIGINAL AND TORRES STRAIT ISLANDER HEALTH MEASURES SURVEY (NATSIHMS)

All adult survey participants invited to VOLUNTEER

Key blood and urine tests of nutritional status and chronic disease markers (18+)

*Excludes remote areas

Population is all persons unless otherwise indicated.