

Australian Health Survey

Under the skin: How healthy are Australians?

Chronic disease biomarkers (18 years and over)			
	Males	Females	Persons
Diabetes(a)			
Known diabetes*	4.9%	3.4%	4.2%
Newly diagnosed diabetes*(b)	1.4%	0.4%	0.9%
Total with diabetes *	6.3%	3.9%	5.1%
Impaired fasting plasma glucose*	4.1%	2.1%	3.1%
Cardiovascular disease biomarkers			
Abnormal total cholesterol	32.4%	33.2%	32.8%
Abnormal LDL (bad) cholesterol*	35.0%	31.6%	33.2%
Abnormal HDL (good) cholesterol*	18.9%	27.2%	23.1%
Abnormal triglycerides*	19.0%	9.0%	13.9%
Dyslipidaemia using cholesterol-lowering medication	14.6%	13.1%	13.8%
Dyslipidaemia without using cholesterol-lowering medication	49.1%	49.7%	49.4%
Kidney disease biomarkers			
Abnormal estimated glomerular filtration rate (eGFR)	3.3%	3.9%	3.6%
Presence of albuminuria*	8.5%	6.9%	7.7%
Liver disease biomarkers			
Abnormal alanine aminotransferase (ALT)*	13.8%	8.3%	11.0%
Abnormal gamma glutamyl transferase (GGT)	13.3%	11.6%	12.4%
Anaemia			
At risk of anaemia*	2.5%	6.4%	4.5%
(a) Diabetes prevalence is derived using a combination of fasting plasma glucose test results and self-reported information on diabetes diagnosis and medication use.			
(b) Newly diagnosed from the Australian Health Survey.			

* indicates a significant difference between males and females

Source: Australian Health Survey: Biomedical Results for Chronic Diseases, 2011-12 (Cat. No. 4364.0.55.005)

For more information see www.abs.gov.au/australianhealthsurvey

