



**2014–15 NATIONAL ABORIGINAL  
& TORRES STRAIT ISLANDER  
SOCIAL SURVEY (NATSISS)**

**Remote (Green)**

**Adult**

**PROMPT CARDS**

*More than one response is allowed*

10. Parent
11. Brother / sister
12. Partner / husband / wife
13. Other relative (e.g. Auntie, Grandfather)
14. Community Elder
15. Neighbour, friend or other community member
16. Volunteer organisation or community group
17. School
18. TAFE / University
19. Adult Learning Centre / Community Centre /  
Library
20. Other

Q05LANG

*More than one response is allowed*

1. Ceremonies
2. Funerals / Sorry Business
3. NAIDOC week activities
4. Sports carnivals (not including NAIDOC week activities)
5. Festivals or carnivals involving arts, craft, music or dance (not including NAIDOC week activities)
6. Been involved with any Aboriginal or Torres Strait Islander organisations
7. None of the above

Q01CULP

*More than one response is allowed*

1. Fished
2. Hunted
3. Gathered wild plants/berries
4. Made Aboriginal or Torres Strait Islander arts or crafts
5. Performed any Aboriginal or Torres Strait Islander music, dance, theatre
6. Written or told any Aboriginal or Torres Strait Islander stories
7. None of the above

Q03CULP

*More than one response is allowed*

1. Can't afford
2. Too far away
3. Caring commitments
4. Work commitments
5. Health issues
6. Transport problems
7. School / study commitments
8. Other

Q13CULP

*More than one response is allowed*

1. Sale of paintings and art works
2. Sale of weaving, dyed cloth, sculptures, pottery, wooden art and craft
3. Growing, collecting, making native fruits or herbs into food or ointments
4. Arranging or participating in cultural dancing or performances
5. Providing or participating in cultural tourism ventures / activities
6. Payment for interpreting or translating from or into Aboriginal or Torres Strait Islander languages
7. None of these sources

Q15CULP

*More than one response is allowed*

10. Recreational group or cultural group activities
11. Attended a native title meeting
12. Community or special interest group activities
13. Church or religious activities
14. Went out to a cafe, restaurant or bar
15. Visited library, museum or art gallery
16. Attended movies
17. Attended theatre or concert
18. Visited park, botanic gardens, zoo or theme park
19. Watched Indigenous TV
20. Listened to Indigenous radio
21. No / none of these

Q04IISA

*More than one response is allowed*

1. Played sport or took part in physical activities
2. Coach, instructor or teacher
3. Referee, umpire or official
4. Committee member or administrator
5. Attended sporting event as a spectator
6. Other sporting activity
7. No / none of these

Q04AIISA



*More than one response is allowed*

10. Australian Rules Football
11. Walking / Jogging / Running / Fitness / Gym
12. Basketball
13. Netball (indoor and outdoor)
14. Cricket (indoor and outdoor)
15. Hockey
16. Softball / Baseball
17. Cycling / BMXing
18. Dancing / Ballet
19. Golf
20. Martial arts
21. Rugby / Rugby League
22. Soccer (indoor and outdoor)
23. Swimming / Diving / Other water sports
24. Tennis (indoor and outdoor)
25. Other

Q05IISA

*More than one response is allowed*

1. A tribal group
2. A language group
3. A clan
4. A mission
5. Aboriginal and/or Torres Strait Islander regional group
6. None of the above

Q01CULI

*More than one response is allowed*

10. Transport problems or too far to travel
11. No jobs at all
12. No jobs in local area or line of work
13. Insufficient education, training or skills
14. Own ill health or disability
15. Treated badly because you are Aboriginal and/or Torres Strait Islander
16. Too young or too old
17. Have criminal record
18. Don't have driver's licence
19. Unable to find suitable child care
20. Other
21. No difficulties

Q01DIFF

**Single response for categories 10 - 20**

10. Newstart Allowance
11. Disability Support Pension from Centrelink
12. Australian Age Pension
13. Carer Payment
14. Partner Allowance
15. Sickness Allowance
16. Service Pension from the Department of Veterans' Affairs
17. Widow Allowance from Centrelink
18. Wife pension
19. Mature Age Allowance
20. Special Benefit

**Multiple response possible for categories 21 – 28**

21. Parenting Payment
22. Abstudy
23. Youth Allowance
24. Disability Pension from the Department of Veterans' Affairs
25. Carer Allowance
26. War Widow's or Widower's Pension from the Department of Veterans' Affairs, including Income Support Supplement
27. Overseas government pension
28. Other government pension, allowance or benefit

INCR\_Q14

*More than one response is allowed*

10. Child support or maintenance
11. Superannuation, an annuity or private pension
12. Workers' compensation
13. Rental Investment Property
14. Unincorporated business (whether owned outright by you or through your share in a partnership)
15. Dividends from shares
16. Interest
17. Native title payments / royalties from land
18. Distribution from community business organisations or trust
19. None of the above

INCR\_Q16B

*More than one response is allowed*

10. Support from family, friends and school
11. Encouragement from elders and council
12. A relative to support if goes away to boarding school
13. Greater access to apprenticeships
14. Provision of coaches / mentors
15. Career guidance
16. More individual tutoring
17. Schools suitable for culture and / or beliefs
18. Suitable / reliable transport
19. Accessible secondary schools
20. Subsidies/grants to help affordability
21. Assistance for students with disability
22. Support networks
23. Other reason

Q01JEA

*More than one response is allowed*

1. Primary School
2. Secondary School
3. University / Other higher education
4. TAFE / Technical college
5. Business College
6. Adult or community education centre
7. Industry Skills Centre
8. Other organisation
9. None of the above

Q02CED

10. Too much work
11. Any other work-related reason
12. Caring for family members
13. Personal or other family reasons
14. Course-related reasons
15. No time
16. Too expensive
17. Waiting to hear from education facility
18. Nothing available in area
19. Any other reason

Q02RDNS



*More than one response is allowed*

1. Gain a promotion
2. Get a better job
3. Get a job
4. Requirement of current job
5. Update training
6. Improve knowledge / skills
7. Improve qualifications
8. Interest
9. Other reason

Q03FI

### Examples of training courses:

- Training seminars
- Training workshops
- Talks or lecture presentations
- Classroom-style presentations
- Training conferences (including: Tele/video-conferencing)
- Other group training sessions
- Audio-visual presentations
- Demonstration training session (for example: Equipment, Health and Safety)
- Self-paced training courses
- On the job training

Q01VOC

*More than one response is allowed*

10. Trade or labouring training
11. Transport, plant or machinery operation
12. Management / supervision training
13. Technical training
14. Computer or office training
15. Sales and personal service training
16. Literacy training (reading or writing)
17. Numeracy training (adding, subtracting numbers etc.)
18. Music, art or craft training
19. Health and safety training
20. Other training

Q02VOC

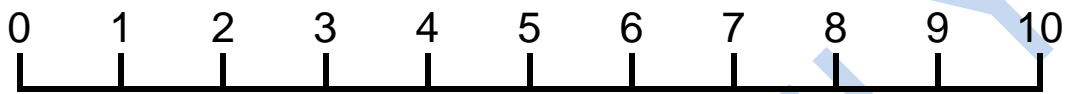
*More than one response is allowed*

10. Too much work
11. Lack of employer support
12. Other work-related reasons
13. Caring for family members
14. Personal or other family reasons
15. Course or qualification-related reasons
16. No time
17. Financial reasons
18. Location / transport reasons
19. Other

Q06VOC

Not at all  
Satisfied

Completely  
Satisfied



OLS\_Q01

SAMPLE ONLY

*More than one response is allowed.*

1. Less drinking / drug problems
2. Less fighting
3. Less crime
4. More jobs
5. More housing
6. More kids going to school
7. More say on community issues
8. Other
9. Nothing has changed

FUN\_Q03

## Vegetables – examples of serving size

**A standard serve is about 75g (100-350kj) or:**

- ½ cup cooked green or orange vegetables (for example, broccoli, spinach, carrots or pumpkin) – including frozen or tinned
- ½ cup cooked dried or canned beans, peas or lentils
- 1 cup green leafy or raw salad vegetables
- ½ cup sweet corn – including frozen or tinned
- ½ medium potato or other starchy vegetables (sweet potato, taro or cassava)



Source: Australian Dietary Guidelines Summary 2013. National Health and Medical Research Council. Commonwealth of Australia 2013.

## Fruit – examples of serving size



### **A standard serve is about 150g (350kj) or:**

- 1 medium apple, banana, orange or pear
- 2 small apricots, kiwi fruits or plums
- 1 cup diced or canned fruit
- 30g dried fruit (for example, 4 dried apricot halves, 1½ tablespoons of sultanas)

Source: Australian Dietary Guidelines Summary 2013. National Health and Medical Research Council. Commonwealth of Australia 2013.

Q02ANUT



1. All of the time
2. Most of the time
3. Some of the time
4. A little of the time
5. None of the time

SEWBQ01, SEWBQ02, SEWBQ03, SEWBQ04, SEWBQ05,  
SEWBQ11, SEWBQ12, SEWBQ13, SEWBQ14, SEWBQ15

1. Always
2. Often
3. Sometimes
4. Rarely
5. Never

Q02PEX, Q03PEX, Q04PEX

SAMPLE ONLY

*More than one response is allowed*

10. Asthma
11. Bronchitis or emphysema
12. Arthritis or osteoporosis
13. Cancer
14. Diabetes
15. Heart disease (including angina, high blood pressure or heart attack)
16. Stroke
17. Kidney disease
18. Back pain or back problems
19. Problems with eyes or eyesight
20. Problems with ears or hearing
21. Depression or feeling depressed
22. Anxiety or feeling anxious or nervous
23. Behavioural or emotional problems
24. Harmful use of, or dependence on, drugs or alcohol
25. Other health condition

LTC\_Q01, LTC\_Q02

*More than one response is allowed*

1. Trouble breathing that makes doing things hard
2. Pain that is always there or pain that keeps coming back in the same place that makes doing things hard
3. Fears or any emotional problems such as depression that makes doing things hard
4. Problems doing things now because of a knock to the head or a stroke
5. Going to the (Doctor / Clinic) or taking any medicine for any other health problems
6. Any other long term condition such as arthritis, asthma, heart disease, Alzheimer's disease, dementia, etc.

Q02DIS; Q03DIS

*More than one response is allowed*

10. Problems with your sight or seeing things
11. Any problems hearing
12. Any problems speaking
13. Blackouts or fits
14. Problems learning or understanding things because of any conditions
15. Problems using your arms or fingers
16. Problems holding or picking things up
17. Problems using your legs or feet
18. Any condition, such as back problems or bad headaches, that stops or reduces your being able to do any physical activity or work
19. Any scars, loss of limbs or other conditions that affect your appearance
20. A mental illness for which help is required

Q04DIS; Q05DIS

## **Personal needs**

For example:

- Bathing or showering
- Dressing and / or undressing
- Eating and / or feeding
- Going to toilet
- Bladder / bowel control

## **Moving around**

For example:

- Moving around away from home
- Moving around at home
- Getting in or out of a bed or chair

## **Talking with people**

For example:

- Understanding and / or being understood by friends or family, strangers (including use of sign language / lip reading)

Q25DIS, Q26DIS, Q27DIS, Q28DIS

Examples of problems:

- Not attending school / further study due to condition
- Need time off school / study
- Attend special classes / school
- Other related difficulties

Q36DIS

SAMPLE ONLY

Examples of problems:

- Type of job you can do
- Number of hours you can work
- Finding suitable work
- Needing time off work
- Permanently unable to work due to condition

Q37DIS



*More than one response is allowed*

1. Friend
2. Neighbour
3. Family member
4. Work colleague
5. Community, charity or religious organisation
6. Local council or other government services
7. Health, legal or financial professional
8. Other

Q03SITC

*More than one response is allowed*

10. Money to help pay rent / bond / other housing costs
11. Provide or pay for food
12. Provide or pay for clothing
13. Let them borrow your car
14. Drive them places
15. Pay for schooling costs / textbooks
16. Give them spending money
17. Give them money to pay bills / meet debt
18. Give them money to buy big cost items
19. Child support payments
20. Anything else
21. No support provided / no relatives outside the household

Q05SITC

*More than one response is allowed*

1. Helped around their home or garden
2. Provided transport or went out and got things for them
3. Any unpaid child care
4. Any teaching, coaching or practical advice
5. Provided any emotional support
6. Any other help
7. Did not help anyone

Q07SITC

*More than one response is allowed*

10. Stealing or theft
11. Kids having nothing to do or problems with kids hanging out in groups or gangs
12. People hanging around looking suspicious / prowlers or loiterers
13. People doing graffiti or damaging buildings like breaking windows and things like that
14. Dangerous or noisy driving
15. Drinking alcohol / grog
16. Drugs
17. Family violence
18. Fighting or people being beaten up / assaulted
19. Sexual assault or rape
20. Problems with people who live within a few houses of you
21. People not getting along
22. Level of personal safety day or night
23. Gambling
24. No problems

Q01PROB

*More than one response is allowed*

10. Really bad illness
11. Really bad accident
12. Mental illness
13. Really bad disability
14. Getting married / Marriage
15. Pregnancy
16. New family member
17. Overcrowding at home
18. Getting back together with a spouse
19. Divorce or separation
20. Death of family member or close friend

Q01STR; Q02STR

*More than one response is allowed*

10. Not able to get a job
11. Lost job, made redundant, sacked, retired
12. Started a new job or changed job
13. Bullying or harassment at work
14. Pressure to fulfil cultural responsibilities
15. Alcohol related problems
16. Drug related problems
17. Gambling problems
18. Witness to violence
19. Abuse or violent crime
20. You, a family member or close friend spent time in jail
21. Trouble with the police
22. Treated badly because you are Aboriginal and/or Torres Strait Islander
23. Unwelcome at child's school

Q03STR; Q04STR

*More than one response is allowed*

10. Banks, Credit Unions or other financial institutions
11. Centrelink
12. Employment Services
13. Family Assistance Office
14. Doctors
15. Dentists
16. Hospitals
17. Aboriginal or Torres Strait Islander Health Workers
18. Mental Health Services
19. Alcohol and drug services
20. Disability Services
21. Medicare
22. Legal services
23. Phone or Internet companies
24. Motor Vehicle Registry
25. Power, water or gas providers
26. Housing Services
27. Other service
28. No problems accessing service providers
29. Have not tried to access any service providers

Q01BAR

*More than one response is allowed*

10. Cannot trust them
11. Cost of service
12. Disability restricts access to service
13. Waiting too long / appointment not available at time required
14. Language difficulties
15. No service in your area
16. Transport / distance
17. Poor customer service
18. Treated badly because you are Aboriginal and/or Torres Strait Islander
19. Inadequate services in your area
20. Service not culturally appropriate
21. Other reason

Q03BAR



*More than one response is allowed*

1. Voice calls (mobile, fixed telephone, internet)
2. Text messaging
3. Calls made using a video link (e.g. Skype)
4. Web based chat, including phone applications
5. Mail / Post
6. Email
7. Other form of contact used
8. No contact

Q05CWF

**R12**

Green

1. Every day
2. At least once a week
3. At least once a month
4. At least once a quarter

Q07CWF

SAMPLE ONLY

1. All of the time
2. Most of the time
3. Some of the time
4. A little of the time
5. None of the time

Q03NAO; Q04NAO

SAMPLE ONLY

1. Agree a lot
2. Agree a bit
3. Neither agree nor disagree
4. Don't agree much
5. Don't agree at all

Q01TRS, Q02TRS, Q03TRS, Q04TRS, Q05TRS, Q06TRS

SAMPLE ONLY

**R16**

Green

1. Very safe
2. Safe
3. Neither safe nor unsafe
4. Unsafe
5. Very unsafe
6. Never home alone after dark

Q02SAFE

SAMPLE ONLY

**R17**

Green

1. Very safe
2. Safe
3. Neither safe nor unsafe
4. Unsafe
5. Very unsafe
6. Never walk alone after dark

Q03SAFE

SAMPLE ONLY

*More than one response is allowed*

10. Stayed with family
11. Stayed at a friend's house
12. Stayed in a caravan
13. Stayed at a boarding house / hostel
14. Stayed in a night shelter
15. Stayed in a shelter for the homeless
16. Stayed at a refuge (e.g. women's shelter)
17. Squatted in an abandoned building
18. Slept rough (include sleeping in cars, tents etc.)
19. Other
20. No

HOM\_Q01

*More than one response is allowed*

10. Travelling / on holiday
11. Work related reason
12. House-sitting
13. Saving money
14. Just moved back into town or city
15. Building or renovating home
16. Not enough housing in community
17. Violence / Abuse / Neglect
18. Alcohol or drug use
19. Family / Friend / Relationship problems
20. Financial problems (e.g. not being able to pay mortgage or rent)
21. Mental illness
22. Lost job
23. Gambling
24. Eviction
25. Natural disaster
26. Damage to house (e.g. house fire)
27. Health issues
28. Other

HOM\_Q03



1. Less than 12 months ago
2. 12 months to less than 2 years ago
3. 2 years to less than 5 years ago
4. 5 years to less than 10 years ago
5. 10 years or more ago
6. Don't know

HOM\_Q06

SAMPLE ONLY

1. Less than 1 week
2. 1 week to less than 2 weeks
3. 2 weeks to less than 1 month
4. 1 month to less than 2 months
5. 2 months to less than 3 months
6. 3 months to less than 6 months
7. 6 months to less than 1 year
8. 1 year or more
9. Don't know

HOM\_Q08

*More than one response is allowed*

10. Housing service providers
11. Crisis accommodation / supported accommodation for the homeless (e.g. Shelter, Women's refuge etc.)
12. Mental health service
13. Church or community organisation (e.g. St Vincent De Paul, Salvation Army, Mission Australia etc.)
14. Health service
15. Local council
16. Counselling service
17. Solicitor / Legal Aid
18. Member of Parliament
19. Hospital
20. Police
21. Job service
22. Other

HOM\_Q09

*More than one response is allowed*

1. Did not know of any
2. Do not trust support services
3. Could not find one
4. Service was full
5. Refused help
6. Bad experience with service in the past
7. No need / Not required
8. Other

HOM\_Q11

*More than one response is allowed*

10. Called names, teased or sworn at
11. Heard racial comments or jokes
12. Ignored or served last while accessing services or buying something
13. Not trusted
14. Unfairly arrested or charged
15. Told you are less intelligent
16. Left out, refused entry or told you don't belong
17. Spat at or had something thrown at you
18. Any other experience that was unfair
19. Have not had an unfair experience
20. Don't know

Q01ADISC

1. Always
2. Often
3. Sometimes
4. Rarely
5. Only happened once

Q03DISC

SAMPLE ONLY

10. Applying for work, or at work
11. At home, by neighbours or at somebody else's house
12. At school, university, training course or other educational setting
13. While doing any sporting, recreational or leisure activities
14. By the police, security people, lawyers or in a court of law
15. By doctors, nurses or other staff at hospitals or doctor's surgeries
16. When accessing government services
17. When seeking any other services
18. On the internet or telephone
19. By members of the public
20. Any other situations

Q05DISC

*More than one response is allowed*

10. Applying for work, or going to a job
11. School, university, training course or other educational setting
12. Doing any sporting, recreational or leisure activities
13. The police, security people, lawyers or in a court of law
14. Doctors, nurses or other staff at hospitals or doctors' surgeries
15. When accessing government services
16. Seeking any other services
17. Members of the public
18. Other situations
19. Didn't avoid any situation

Q13DISC



*More than one response is allowed (if more than one offender)*

10. Current partner (defacto / husband / wife)
11. Previous partner (defacto / husband / wife)
12. Boyfriend, girlfriend or date
13. Ex-boyfriend or ex-girlfriend
14. Parent
15. Child
16. Sibling
17. Other family member
18. Friend
19. Work colleague / fellow school student
20. Neighbour
21. Known by sight only
22. Other known person

Q02BVIC

*More than one response is allowed*

1. Scratches
2. Bruises
3. Cuts
4. Fractures or broken bones
5. Broken teeth
6. Penetrative injury / stab / gun shot
7. Miscarriage
8. Other

Q02EVIC

*More than one response is allowed*

10. Walk
11. Car / 4wd / truck (as passenger)
12. Car / 4wd / truck (as driver)
13. Bus - regular public
14. Bus - regular community
15. Bus - irregular or chartered
16. Train
17. Tram / Light rail
18. Boat / Ferry - regular public
19. Boat / Ferry - regular community
20. Boat / Ferry - irregular or chartered
21. Taxi
22. Motorcycle / Motorised scooter
23. Bicycle
24. Regular aircraft service
25. Chartered aircraft
26. Other

Q11TRAN

1. Prefer to use own transport or walk
2. No suitable service available
3. Takes too long
4. Concerned about own personal safety
5. Costs too much
6. Treated badly because you're Aboriginal and/or Torres Strait Islander
7. Health reasons
8. Other

Q13TRAN

10. Recently got Learner's licence
11. No support available for learning
12. Nowhere nearby to get one from
13. Cost of licence too much
14. Afraid to go to do test
15. Health reasons
16. Unable to read the test
17. Licence was taken away
18. Afraid of driving
19. Afraid of being, or expect to be, treated badly because you're Aboriginal and/or Torres Strait Islander
20. Have fines
21. Need to renew
22. Do not need or want one
23. Other

Q03DRL

*More than one response is allowed*

10. Work
11. School / TAFE / University or other educational institution
12. Public library
13. Government shopfront / agency / department
14. Internet / cyber cafe or similar
15. Neighbour's, friend's or relative's house
16. Community centre or voluntary organisation
17. Parent's work or study place
18. Other place

Q06INT

*More than one response is allowed*

Electronic lodgement of:

10. Tax returns
11. Claims or applications for benefits (e.g. Centrelink, Medicare)
12. Applications for permits etc.
13. Bill payments (e.g. using BPAY to pay rates or car registration etc.)

Information or services relating to:

14. Taxation
15. Pensions or benefits (e.g. Centrelink, Medicare)
16. Employment / unemployment
17. Community safety education
18. Healthcare
19. Other

Q07INT

*More than one response is allowed*

10. General health
11. Smoking related health condition
12. Medical advice
13. Cost
14. Increased awareness of risks due to advertisements
15. Encouraged by family or friends to stop / reduce
16. Concerned about effect on others in household
17. Too many non-smoking areas
18. Improve fitness
19. Pregnancy
20. Other
21. No reason

Q09SMO





Source: National Health and Medical Research Council

Q03ALC, Q04ALC, Q05ALC, Q06ALC, Q07ALC

NUMBER OF STANDARD DRINKS – SPIRITS

							
<b>1</b> 30ml High Strength Spirit Nip 40% Alc. Vol	<b>22</b> 700ml High Strength Bottle of Spirits 40% Alc. Vol	<b>1.1</b> 275ml Full Strength RTD* 5% Alc. Vol	<b>1.2</b> 330ml Full Strength RTD* 5% Alc. Vol	<b>2.6</b> 660ml Full Strength RTD* 5% Alc. Vol	<b>1.5</b> 275ml High Strength RTD* 7% Alc. Vol	<b>1.8</b> 330ml High Strength RTD* 7% Alc. Vol	<b>3.6</b> 660ml High Strength RTD* 7% Alc. Vol
							
<b>1</b> 250ml Full Strength Pre-mix Spirits 5% Alc. Vol	<b>1.2</b> 300ml Full Strength Pre-mix Spirits 5% Alc. Vol	<b>1.5</b> 375ml Full Strength Pre-mix Spirits 5% Alc. Vol	<b>1.7</b> 440ml Full Strength Pre-mix Spirits 5% Alc. Vol	<b>1.4 – 1.9</b> 250ml High Strength Pre-mix Spirits 7% – 10% Alc. Vol	<b>1.6</b> 300ml High Strength Pre-mix Spirits 7% Alc. Vol	<b>2.1</b> 375ml High Strength Pre-mix Spirits 7% Alc. Vol	<b>2.4</b> 440ml High Strength Pre-mix Spirits 7% Alc. Vol

\*Ready to Drink

Source: National Health and Medical Research Council

Q03ALC, Q04ALC, Q05ALC, Q06ALC, Q07ALC

**X1**

Green

*More than one response is allowed*

1. Amphetamines or Speed
2. Heroin
3. Cocaine
4. LSD or synthetic hallucinogens
5. Naturally occurring hallucinogens
6. Ecstasy or designer drugs
7. Other

Q31SUB