

In Confidence

Time Use Survey 2006

Workload				PSU				Block				Dwelling			Household	Person	
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Time Use Diary



Purpose of Collection

..... has been included in a survey being conducted by the Australian Bureau of Statistics (ABS) to understand how people spend their time.

Confidentiality

The answers you provide will be treated confidentially. The ABS is required by the *Census and Statistics Act 1905* to maintain the secrecy of all information provided to it. No information will be released in a way that would enable an individual or household to be identified.

Help Available

Please complete this diary for both nominated days. If you have any problems with filling in this diary, please contact the ABS office on ()

Due Date

An ABS interviewer, will return on..... (date) at..... (time) to collect this diary.

D. Trewin
Australian Statistician

Please complete these questions before you start.

1 In general, how would you describe your health?

Tick one only

- Excellent 1
- Very good 2
- Good 3
- Fair 4
- Poor 5

2 How strongly do you agree or disagree that most people can be trusted?

Tick one only

- Strongly agree 1
- Somewhat agree 2
- Neither agree nor disagree 3
- Somewhat disagree 4
- Strongly disagree 5
- Don't know 6

3 How often do you feel rushed or pressed for time?

Tick one only

- Always 1
- Often 2
- Sometimes 3
- Rarely 4 (Go to 5)
- Never 5 (Go to 5)

4 What are all the reasons you feel rushed?

Tick all that apply

- Trying to balance work and family responsibilities 1
- Pressure of work/study 2
- Demands of family 3
- Take too much on 4
- Not good at managing time ... 5
- Too much to do/too many demands placed on you 6
- Unpredictable working hours ... 7
- Transport difficulties 8
- Other (please specify) 9

.....

.....

.....

5 How often do you feel you have spare time that you don't know what to do with?

Tick one only

- Always 1
- Often 2
- Sometimes 3
- Rarely 4 (Go to 7)
- Never 5 (Go to 7)

6 What are all the reasons you have spare time that you don't know what to do with?

Tick all that apply

- Don't have enough money ... 1
- Sick/injured/has disability (including depression) 2
- No friends or family live near me 3
- No interests or hobbies 4
- Lack of community facilities or services (e.g. pool, library) 5
- Unpredictable working hours ... 6
- Transport difficulties 7
- Other (please specify) 8

.....

.....

7 Please read the instructions on page 1 and complete the diary for the days indicated on the front cover.

An example of how to complete the diary is on pages 2 & 3.

Where does the day go?

To fill in the diary

- Write down your main activity (e.g. at work, cooking, childminding, watching television, etc.)
- Write down who you did this activity for (e.g. self, a member of the same household, a member of another household, work, organisation/community)
- Write down anything else you did at the same time (e.g. eating or drinking, childminding, watching television, listening to the radio, talking to a neighbour)
- Write down where you were (e.g. at work, home, shops, park, doctor, driving or riding in a car or bus, etc.)
- Write down who else was at home, or with you away from home (e.g. the children, your wife or husband, partner, a friend, a neighbour, workmates)
- Write down if you were using the internet for the activity (e.g. paid bills, or researched new car, using the internet)

Please make sure that you

- Read the two examples on pages 2-3
- Begin recording your activities on page 4
- Record your activities in as much detail as possible
- Complete the diary for both days
- Answer the questions on pages 12, 21 and 22
- Turn to page 23 if you wish to provide extra information
- Even if you go away for one or both days, please fill out the diary

Day 1

6 am - 9 am

	1 What was your main activity? (Please record all activities, even if they only lasted a few minutes)	2 Who did you do this for? (e.g. self, family, work, friend, a charity, the community)	3 What else were you doing at the same time? (e.g. childminding, watching television, listening to the radio)	4 Where were you? (e.g. at work, home, on a bus, driving the car)	5 Who was with you at home, or with you away from home? (e.g. no-one, family, friends)
6.00	Sleep	Self	Passive child care	Home	Family
.05	↓	↓	↓	↓	↓
.10					
.15	↓	↓	↓	↓	↓
.20	Toilet				
.25	Had shower				
.30	↓	↓	↓	↓	↓
.35	Got dressed				
.40	Put on a load of washing	Family			
.45	Made breakfast		Talked to family		
.50	↓	↓	↓	↓	↓
.55	Ate breakfast	Self	Read newspaper		
7.00	↓	↓	↓	↓	↓
.05					
.10	Hung washing on line	Family	Nothing		
.15	↓	↓	↓	↓	↓
.20	Dressed children	Children	Talked to children		
.25	↓	↓	↓	↓	↓
.30	Brushed hair, teeth, etc.	Self	Nothing		
.35	↓	↓	↓	↓	↓
.40					
.45	Packed children's bags	Children	Said goodbye to partner		
.50	Drove children to my mother's house		Talked to children	Driving car	2 children
.55	↓	↓	↓	↓	↓
8.00					
.05	↓	↓	↓	↓	↓
.10	Greeted my mother	Self	Organising children	Mother's	Children and mother
.15	Said goodbye to children		Nothing	↓	↓
.20	Drove to work		Listening to radio	Car	No-one
.25	↓	↓	↓	↓	↓
.30					
.35	↓	↓	↓	↓	↓
.40	Parked car & walked to work		Nothing	Street	↓
.45	Working	Work		Work	Workmates
.50	↓	↓	↓	↓	↓
.55					
9.00	↓	↓	↓	↓	↓

Day 1

6 pm - 9 pm

	1 What was your main activity? (Please record all activities, even if they only lasted a few minutes)	2 Who did you do this for? (e.g. self, family, work, friend, a charity, the community)	3 What else were you doing at the same time? (e.g. childminding, watching television, listening to the radio)	4 Where were you? (e.g. at work, home, on a bus, driving the car)	5 Who was with you at home, or with you away from home? (e.g. no-one, family, friends)
6.00	Rang up and ordered pizza	Family	Passive child care	Home	2 children
.05					
.10	Did ironing for Father-in-Law	Father-in-Law			
.15	who has a broken arm				
.20					
.25					
.30			Said hello to partner		Family
.35	Telephoned friend	Self	Nothing		
.40					
.45	Paid for pizza	Family			Delivery person and family
.50	Ate dinner	Self	Talked to family		Family
.55					
7.00					
.05					
.10					
.15	Stacked dishwasher	Family			
.20	Got kids ready for bed	Children	Talked to children		
.25	Read children a story		Nothing		
.30					
.35					
.40	Filled in diary	Community	Talked to partner		
.45			about Neighbourhood		
.50	Watched TV	Self	Watch meeting		
.55					
8.00			Nothing		
.05	Paid bills using internet banking	Family	Had cup of coffee		
.10					
.15	Read E-mails (Internet)	Self	Nothing		
.20					
.25	Replied to E-mails				
.30					
.35					
.40					
.45	Typed up report on	Work			
.50	computer				
.55					
9.00					

Day 1

12 midnight - 3 am

	1 What was your main activity? (Please record all activities, even if they only lasted a few minutes)	2 Who did you do this for? (e.g. self, family, work, friend, a charity, the community)	3 What else were you doing at the same time? (e.g. childminding, watching television, listening to the radio)	4 Where were you? (e.g. at work, home, on a bus, driving the car)	5 Who was with you at home, or with you away from home? (e.g. no-one, family, friends)
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Sample Only

Day 1

3 am - 6 am

	1 What was your main activity? (Please record all activities, even if they only lasted a few minutes)	2 Who did you do this for? (e.g. self, family, work, friend, a charity, the community)	3 What else were you doing at the same time? (e.g. childminding, watching television, listening to the radio)	4 Where were you? (e.g. at work, home, on a bus, driving the car)	5 Who was with you at home, or with you away from home? (e.g. no-one, family, friends)
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Sample Only

Day 1

6 am - 9 am

	1 What was your main activity? (Please record all activities, even if they only lasted a few minutes)	2 Who did you do this for? (e.g. self, family, work, friend, a charity, the community)	3 What else were you doing at the same time? (e.g. childminding, watching television, listening to the radio)	4 Where were you? (e.g. at work, home, on a bus, driving the car)	5 Who was with you at home, or with you away from home? (e.g. no-one, family, friends)
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Sample Only

Day 1

9 am - 12 noon

	1 What was your main activity? (Please record all activities, even if they only lasted a few minutes)	2 Who did you do this for? (e.g. self, family, work, friend, a charity, the community)	3 What else were you doing at the same time? (e.g. childminding, watching television, listening to the radio)	4 Where were you? (e.g. at work, home, on a bus, driving the car)	5 Who was with you at home, or with you away from home? (e.g. no-one, family, friends)
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Sample Only

Day 1

12 noon - 3 pm

	1 What was your main activity? (Please record all activities, even if they only lasted a few minutes)	2 Who did you do this for? (e.g. self, family, work, friend, a charity, the community)	3 What else were you doing at the same time? (e.g. childminding, watching television, listening to the radio)	4 Where were you? (e.g. at work, home, on a bus, driving the car)	5 Who was with you at home, or with you away from home? (e.g. no-one, family, friends)
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Sample Only

Day 1

3 pm - 6 pm

	1 What was your main activity? (Please record all activities, even if they only lasted a few minutes)	2 Who did you do this for? (e.g. self, family, work, friend, a charity, the community)	3 What else were you doing at the same time? (e.g. childminding, watching television, listening to the radio)	4 Where were you? (e.g. at work, home, on a bus, driving the car)	5 Who was with you at home, or with you away from home? (e.g. no-one, family, friends)
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Sample Only

	1 What was your main activity? (Please record all activities, even if they only lasted a few minutes)	2 Who did you do this for? (e.g. self, family, work, friend, a charity, the community)	3 What else were you doing at the same time? (e.g. childminding, watching television, listening to the radio)	4 Where were you? (e.g. at work, home, on a bus, driving the car)	5 Who was with you at home, or with you away from home? (e.g. no-one, family, friends)
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Sample Only

	1 What was your main activity? (Please record all activities, even if they only lasted a few minutes)	2 Who did you do this for? (e.g. self, family, work, friend, a charity, the community)	3 What else were you doing at the same time? (e.g. childminding, watching television, listening to the radio)	4 Where were you? (e.g. at work, home, on a bus, driving the car)	5 Who was with you at home, or with you away from home? (e.g. no-one, family, friends)
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Sample Only

For Day 1, please

- check that you have filled in all columns
- answer the following questions

1 Do you usually work in a paid job on _____?

- Yes 1
- No 2

2 What type of day was today?

A usual day 1

It was a holiday (e.g. public holiday, leave, flex/RDO, shift/award day off) ... 2

I was sick or injured 3

I took time off from normal activities:

to do extra work paid/unpaid 4

to arrange personal/family matters ... 5

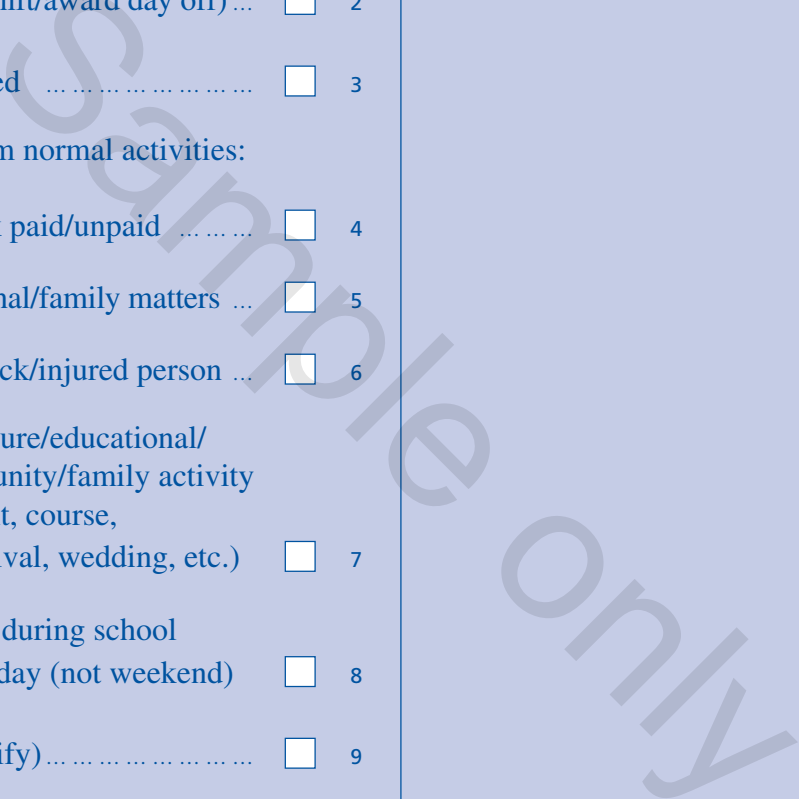
to look after a sick/injured person ... 6

for a special leisure/educational/religious/community/family activity (e.g. sports event, course, conference, festival, wedding, etc.) 7

Cared for children during school holiday/pupil free day (not weekend) 8

Other (please specify) 9

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Day 2

12 midnight - 3 am

	1 What was your main activity? (Please record all activities, even if they only lasted a few minutes)	2 Who did you do this for? (e.g. self, family, work, friend, a charity, the community)	3 What else were you doing at the same time? (e.g. childminding, watching television, listening to the radio)	4 Where were you? (e.g. at work, home, on a bus, driving the car)	5 Who was with you at home, or with you away from home? (e.g. no-one, family, friends)
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Sample Only

Day 2

3 am - 6 am

	1 What was your main activity? (Please record all activities, even if they only lasted a few minutes)	2 Who did you do this for? (e.g. self, family, work, friend, a charity, the community)	3 What else were you doing at the same time? (e.g. childminding, watching television, listening to the radio)	4 Where were you? (e.g. at work, home, on a bus, driving the car)	5 Who was with you at home, or with you away from home? (e.g. no-one, family, friends)
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Sample Only

	1 What was your main activity? (Please record all activities, even if they only lasted a few minutes)	2 Who did you do this for? (e.g. self, family, work, friend, a charity, the community)	3 What else were you doing at the same time? (e.g. childminding, watching television, listening to the radio)	4 Where were you? (e.g. at work, home, on a bus, driving the car)	5 Who was with you at home, or with you away from home? (e.g. no-one, family, friends)
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Sample Only

Day 2

9 am - 12 noon

	1 What was your main activity? (Please record all activities, even if they only lasted a few minutes)	2 Who did you do this for? (e.g. self, family, work, friend, a charity, the community)	3 What else were you doing at the same time? (e.g. childminding, watching television, listening to the radio)	4 Where were you? (e.g. at work, home, on a bus, driving the car)	5 Who was with you at home, or with you away from home? (e.g. no-one, family, friends)
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Sample Only

Day 2

12 noon - 3 pm

	1 What was your main activity? (Please record all activities, even if they only lasted a few minutes)	2 Who did you do this for? (e.g. self, family, work, friend, a charity, the community)	3 What else were you doing at the same time? (e.g. childminding, watching television, listening to the radio)	4 Where were you? (e.g. at work, home, on a bus, driving the car)	5 Who was with you at home, or with you away from home? (e.g. no-one, family, friends)
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Sample Only

	1 What was your main activity? (Please record all activities, even if they only lasted a few minutes)	2 Who did you do this for? (e.g. self, family, work, friend, a charity, the community)	3 What else were you doing at the same time? (e.g. childminding, watching television, listening to the radio)	4 Where were you? (e.g. at work, home, on a bus, driving the car)	5 Who was with you at home, or with you away from home? (e.g. no-one, family, friends)
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Sample Only

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Sample Only

For Day 2, please

– check that you have filled in all columns

– answer the following questions

1 Do you usually work in a paid job on _____?

- Yes 1
- No 2

2 What type of day was today?

- A usual day 1
- It was a holiday (e.g. public holiday, leave, flex/RDO, shift/award day off) ... 2
- I was sick or injured 3
- I took time off from normal activities:
 - to do extra work paid/unpaid 4
 - to arrange personal/family matters ... 5
 - to look after a sick/injured person ... 6
 - for a special leisure/educational/religious/community/family activity (e.g. sports event, course, conference, festival, wedding, etc.) 7
 - Cared for children during school holiday/pupil free day (not weekend) 8
 - Other (please specify) 9

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3 In general, how satisfied or dissatisfied are you with the way you spent your time over the last two days?

Tick one only

- Very satisfied 1
- Satisfied 2
- Both satisfied and dissatisfied 3
- Dissatisfied 4
- Very dissatisfied 5
- Don't know 6

4 Column 5 in the activity pages of the diary shows how much time you spent with other people and how much time you spent alone over the past two days. Which of these best describes your attitude to this balance?

Tick one only

- I would prefer to spend more time alone 1
- Balance is about right 2
- I would prefer to spend less time alone 3

5 Thinking about gardening activities at home, which of these best describes your attitude?

Tick one only

- Don't do gardening/don't have a garden 1 (Go to 7)
- Gardening is an activity that I always like to do 2 (Go to 6)
- Gardening is an activity that I sometimes like to do 3 (Go to 6)
- Gardening is an activity that I never like to do 4 (Go to 6)

6 If money was not an issue, would you pay someone else to do any of your gardening for you?

- Yes, all of it 1
- Yes, some of it 2
- No, prefer to do it myself 3

The next two questions are about any unpaid voluntary work you may do. Unpaid voluntary work is help willingly given to a club, organisation or association.

7 In the last 12 months, have you carried out any unpaid voluntary work?

Tick one only

- Yes 1 (Go to 8)
No 2 (no more questions)

8 Which of these best describes the type of organisation(s) you have done voluntary work for?

Tick one only

- Arts/Heritage (includes choirs, libraries, zoos, botanical gardens, etc) 01
Business/Professional/Union 02
Welfare/Community 03
Education and Training (include school support work) 04
Parenting, children and youth 05
Emergency services 06
Environmental/Animal welfare 07
International Aid/Development 08
Health 09
Law/Justice/Political 10
Religious 11
Sport/Physical recreation 12
Other recreation 13
Ethnic and Ethnic-Australian groups ... 14
Other (please specify) 15

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Please provide comments

- On any of the information you have supplied in this diary
- On anything which caused problems

Sample only

Thank you for your help

